

# Marriage & Sexuality Resources

## Defend Dignity [defenddignity.ca](http://defenddignity.ca)

Under the *Learn* tab and the *Resource* tab you will find information like the list below, as well as links to teaching videos and other resources.

- Covenant Eyes:** [covenanteyes.com](http://covenanteyes.com)
- Journey Canada:** [journeycanada.org](http://journeycanada.org)
- Fight the New Drug:** [fightthenewdrug.org](http://fightthenewdrug.org)
- Stop Porn Culture:** [stoppornculture.org](http://stoppornculture.org)
- XXX Church:** [xxxchurch.com](http://xxxchurch.com)
- Porn Harms:** [pornharms.com](http://pornharms.com)
- Protect Children:** [protectchildren.ca](http://protectchildren.ca)
- Kiddle (Safe Search):** [kiddle.co](http://kiddle.co)
- Safe Families:** [safefamilies.org](http://safefamilies.org)

## Counsellors

**Foothills works regularly with a number of counsellors.** Contact our office to book an appointment with one of our pastors and we will work to connect you.

**Professional Association of Christian Counsellors and Psychotherapists** provides a list of Christian Therapists in Calgary & more resources: [bit.ly/Pornography\\_SexualAddictionResources](http://bit.ly/Pornography_SexualAddictionResources)

## Support and Recovery Groups for Sexual Brokenness

**Prodigals International:** Both *Homecoming* (12 step group for men) and *Partners in Progress* (for women living with partners struggling with sexual addiction) are held weekly at Foothills. Visit [prodigalsinternational.org](http://prodigalsinternational.org) for info about these groups as well as other resources and links.

**Celebrate Recovery:** [celebraterecovery.ca](http://celebraterecovery.ca)

**Freedom Sessions:** held at Center Street Church [cchurch.ca](http://cchurch.ca)

## Marriage Support

**Foothills Marriage Ministries Overview:** [bit.ly/FAC\\_aboutmarriage](http://bit.ly/FAC_aboutmarriage)

**The Marriage Course @ Foothills:** Oct 15 - Nov 26, 2018; registration opening Aug 2018

**First Alliance Church Marriage 911:** [faccalgary.com/our-groups/marriage-911](http://faccalgary.com/our-groups/marriage-911)

**Are you in an unsafe situation and need immediate assistance?** Call 911 in an emergency

Calgary Distress Centre 24-hour crisis line: 403.266.HELP (4357)

Alberta Works 24-hour line for Albertans Fleeing Abuse: 1-866-644-5135

Calgary Women's Emergency Shelter 24-hour line: 403.234.SAFE (7233)

Call our church office and let one of our pastors know, so we can be praying for you and provide support.